



**MEADOWVALE
ISLAMIC CENTRE**

NEWSLETTER

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mici.org

Six Principles of a Spiritual Fast

According to Imam Ghazali (May Allah have mercy on him)

1. To restrain the eyes from
 - (a) What is forbidden and
 - (b) That which diverts attention from the remembrance of Allah
2. To restrain from the tongue
 - (a) From useless talk, lies, backbiting, slander, abusive speech, obscenity, hypocrisy and enmity
 - (b) Adopt silence
 - (c) To keep the tongue busy with the remembrance of Allah
3. To restrain the ears from listening to forbidden speech
4. To save the hands, feet and other organs from sins, and to save the stomach from doubtful food at the time of breaking fast
5. To not fill the stomach completely, even with lawful food
6. To keep one's heart between fear and hope regarding whether the fast has been accepted

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The Month of Ramadhan

Abu Hurairah has reported the holy prophet (peace be upon him) said:

My Ummah has been given five characteristic honours in the month of Ramadhan which have not been given to any other ummah before.

1. The smell coming out from the mouth of a fasting person is better with Allah than smell of musk
2. Fishes (in the water) keep praying Allah to forgive the fasting persons until they make iftar
3. In every day of Ramadhan, Allah decorates the Jannah and addresses it saying "It is not too far that my righteous servants shall throw away the burdens (of the worldly life) and shall proceed towards you
4. The rebellious Satans are shackled in this month, and they cannot do in it what they do in other days (i.e. instigating men and women to commit sins)
5. In the last night of this month, they (the fasting persons) are granted amnesty (Ahmad)

How to spend Ramadhan

The month of Ramadhan is the season of divine blessings. It is the month of purification, it is meant for annual renovation of the inner spiritual qualities. It is a golden opportunity for every Muslim to strengthen his 'Iman, to purify his heart and soul and to remove the evil effects of the sins committed by him.

This month invites a Muslim to minimize his other mundane involvements and maximize the acts of worship. One should plan his schedule for this month, before-hand, so as to spare maximum time for 'ibadah'.

Here is the brief list of the acts which should be carried out in Ramadhan with due care:

1. To offer every prayer with Jama'ah in the masjid
2. To rise up a little earlier than the exact time of Suhoor and to offer Tahajjud. There is no prescribed number of the Tahajjud prayer. Yet, it is better to pray 8 rakat
3. To offer the nafl prayers of Ishraq (2 rakat's after sunrise) Duha (four rakats which may be performed at any time after Ishraq before noon) and Awabin (six rakats after Maghrib)
4. The recitation of Holy Quran. No specific limit is prescribed. But one should recite as much of it as he can
5. Dikhr or Tasbeeh, specially the following recitations:
 - a. سبحان الله وبحمده سبحان الله العظيم
 - b. سبحان الله والحمد لله ولا إله إلا الله والله أكبر
 - c. أستغفر الله ربى من كل ذنب وأتوب إليه
 - d. اللهم صل على محمد النبي الأسمى وعلى آله وصحبه وسلم
 - e. لا حول ولا قوة إلا بالله العلي العظيم

Apart from these reciting words, one hundred times each, at a particular time, they may also be continued frequently throughout the day, even if someone is engaged in light work, when walking and when in bed

6. Prayers and supplications: no particular prayer is prescribed. One can pray for everything he needs both in this world and in the Hereafter. However, the supplications of the Holy Prophet S.A.W. are so comprehensive that they encompass all that a Muslim can need in his life and after his death. It is, therefore, much advisable to pray to Allah Almighty in the prophetic words used by the Holy Prophet S.A.W.
7. Sadaqah (charity): apart from paying Zakah, which is obligatory, one should also pay optional Sadaqa in Ramadan according to his best ability. It is reported in authentic Ahadith that the Holy Prophet S.A.W. used to pay special attention in Ramadan to look after the poor and to help them financially. Therefore, a Muslim should give as much money in Sadaqa as he can afford

Current Programs

1. 5 times Prayers
2. Jumma Prayers
3. Taraweeh / Eid Prayers
4. Daily Hadith
5. Full time Hifz / Academics
6. Evening Quran class daily
7. Adult Quran every Monday
8. Tafseer every Friday
9. Basketball every Friday
10. Youth & Family counseling
11. Providing answers regarding Islamic matters
12. Monthly newsletter
13. Monthly youth programs
14. Monthly family programs
15. Youth Basketball Program
16. Fitness Program (for sisters)
17. Girls Basketball & Halaqah
18. Dora-e-Quran
19. Sunday Islamic School

Special Programs

- March Break
- Summer Camp
- Winter Break

Past Programs

- Ramadhan Workshop
- Hazrat Abu-Bakr R. A.

Student of the Month

Zawar Khan

Completed Hifz

Hassan Syed

Hifz Program

Classes:

Tutoring Classes
Teakwando Classes

Location:

6610 Turner Valley Rd., Mississauga
Please Call 647.838.5377
[transportation available]

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What should be avoided in Ramadhan

All sinful acts should be avoided completely during the month of Ramadan. Although, the sinful acts are totally prohibited in Shariah, whether in Ramadan or at any other time, but their prohibition becomes more severe in this month. It is evident that every Muslim avoids certain lawful acts, like eating and drinking, during the fast. If he continues to commit sins in Ramadan, it will be mockery to avoid lawful things and yet be engaged in unlawful acts never allowed in Shariah. Thus, the abstinence from sins becomes all the more necessary in this month.

Specially the following acts should be avoided totally:

1. Telling a lie
2. Gheebah or backbiting i.e. condemnation of a person in his absence
3. Quarrelling (The Holy Prophet S.A.W. has particularly forbidden from it when one is in the state of fasting. He has directed us, that if someone wants to quarrel in Ramadan, we should tell him that we are fasting, hence we are not prepared to indulge in any quarrel)
4. Eating anything unlawful
5. Earning through unlawful means
6. Any act which may harm a person without a valid cause
7. Burdening one's servants or employees with a toilsome job beyond their ability, without providing them facility to carry it out

In short, one should try his best to refrain from all kinds of sins, and protect his eyes, ears, tongue and all other organs from indulging in an unlawful activity

Once the Muslim spends the month of Ramadan in this way, he will Insha Allah, find himself equipped with a spiritual strength which will facilitate for him to conduct a good Islamic life in accordance with the pleasure of Allah.

Announcement:

- MIC follows the Crescent Committee for moonsighting and related decisions for start of Ramadan & Eid. For updates on monthly moonsighting, please visit crescentcommittee.ca
- MIC needs volunteers for Ramadan arrangements and fund-raising campaign in other masjids. Everyone is requested to volunteer by sending email to info@mici.org or contacting MIC management team listed on mici.org
- **Project Update:** The MIC project team is continuing to work closely with the Planner to meet the City requirement for the rezoning application. The application is still being reviewed by City staff, and our Planner/Consultants are answering the questions from the City. Due to the upcoming municipal elections in October, the City Planning and Development meetings have been put on hold. We expect the final report from the City to be released early next year

Masjid Funds

Start Date: May 1 2013

Updated: May 20 2014

Building Masjid - Phase I

\$1.5 Million needed by start of

MIC construction

Funds Needed: \$1,500,000.00

Funds Collected: \$275,500.00

Balance Needed: \$1,224,500.00

Phase II: \$2.5 Million needed to complete construction (Not started)

Total Construction Cost (Phase I + Phase II): \$4 Million

Milestones Completed

Phase 1 (Aug 2010):
 Paid off property 6508 **PAID OFF**
\$525,000.00
 Winston Churchill Blvd

Phase 2 (Apr 2013):
 Paid off property 6496 **PAID OFF**
\$1,000,000.00
 Winston Churchill Blvd

Site Plan Application
 Submitted on Aug **PAID OFF**
\$158,799.50

2013: